



February 2018-South Campus

Meal Prices:	<u>Breakfast</u>	<u>Lunch</u>
Student	\$2.00	\$3.00
Adult Lunch	\$2.50	\$3.50

Available Daily:

- ✓ Freshly made salads, subs, & wraps.
- ✓ Assorted fresh fruit & vegetables.
- ✓ Fruit & Yogurt Parfaits & Fruit Smoothies.
- ✓ Nachos & Cheese or PB&J.
- ✓ Variety of items & drinks to choose as sides for your meal.
- ✓ Milk Choices: Low Fat 1% White, Fat Free Chocolate Milk, or Fat Free Strawberry Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Bacon Mac'N'Cheese Green Beans Applesauce Choice of Milk	2 <u>Grab & Go Lunch</u> Choice of Entree Choice of Fruit & Vegetable Sides Choice of Milk
5 Tuna Noodle Casserole Green Beans Fresh Banana Choice of Milk	6 Domino's Pizza Garden Salad Fresh Banana Choice of Milk	7 <u>Grab & Go Lunch</u> Choice of Entree Choice of Fruit & Vegetable Sides Choice of Milk	8 Chicken Pot-Pie Mashed Potatoes Mandarin Oranges Choice of Milk	9 <u>Grab & Go Lunch</u> Choice of Entree Choice of Fruit & Vegetable Sides Choice of Milk
12 Salisbury Steak Mashed Potatoes Fresh Orange Slices Choice of Milk	13 Domino's Pizza Garden Salad Fresh Banana Choice of Milk	14 <u>Grab & Go Lunch</u> Choice of Entree Choice of Fruit & Vegetable Sides Choice of Milk	15 Lasagna Roll-Ups Garden Side Salad Fresh Grapes Choice of Milk	16 <u>Grab & Go Lunch</u> Choice of Entree Choice of Fruit & Vegetable Sides Choice of Milk
19 <u>President's Day</u> <u>No Classes</u>	20 Domino's Pizza Garden Salad Fresh Banana Choice of Milk	21 <u>Grab & Go Lunch</u> Choice of Entree Choice of Fruit & Vegetable Sides Choice of Milk	22 General Tso's Chicken Asian Blend Veggies Pineapple Tidbits Choice of Milk	23 <u>Grab & Go Lunch</u> Choice of Entree Choice of Fruit & Vegetable Sides Choice of Milk
26 Mashed Potato Bowl Brussel Sprouts Fresh Banana Choice of Milk	27 Domino's Pizza Garden Salad Fresh Banana Choice of Milk	28 <u>Grab & Go Lunch</u> Choice of Entree Choice of Fruit & Vegetable Sides Choice of Milk		

What makes a Lunch...

1-Main Entree, 2-sides & choice of Milk.

Students must select at least 3 of the 5 food groups. Student must select at least ½ cup of a fruit or vegetable, to purchase meal as a lunch.