



# DELAWARE AREA CAREER CENTER

## October 2017-South Campus

<b>Meal Prices:</b>	<u>Breakfast</u>	<u>Lunch</u>
Student	\$2.00	\$3.00
Adult Lunch	\$2.50	\$3.50

### Available Daily:

- ✓ Freshly made salads, subs, & wraps.
- ✓ Assorted fresh fruit & vegetables.
- ✓ Fruit & Yogurt Parfaits & Fruit Smoothies.
- ✓ Nachos & Cheese or PB&J.
- ✓ Variety of items & drinks to choose as sides for your meal.
- ✓ Milk Choices: Low Fat 1% White, Fat Free Chocolate Milk, or Fat Free Strawberry Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Beef Coney Dogs Baked Beans Fresh Banana Choice of Milk	3 Domino's Pizza Garden Salad Fresh Grapes Choice of Milk	4 <u>Grab &amp; Go Lunch</u> Choice of Entree Choice of Fruit & Vegetable Sides Choice of Milk	5 Macaroni and Cheese Steamed Broccoli Berry Crisp Choice of Milk	6 <u>Grab &amp; Go Lunch</u> Choice of Entree Choice of Fruit & Vegetable Sides Choice of Milk
9 Rotini w/Meat Sauce Corn Fresh Apple Slices Choice of Milk	10 Domino's Pizza Garden Salad Fresh Banana Choice of Milk	11 <u>Grab &amp; Go Lunch</u> Choice of Entree Choice of Fruit & Vegetable Sides Choice of Milk	12 Mashed Potato Bowl Green Beans Applesauce Choice of Milk	13 <u>Grab &amp; Go Lunch</u> Choice of Entree Choice of Fruit & Vegetable Sides Choice of Milk
16 Chicken & Noodles Corn Pineapple Chunks Choice of Milk	17 Domino's Pizza Garden Salad Apple Slices Choice of Milk	18 <u>Grab &amp; Go Lunch</u> Choice of Entree Choice of Fruit & Vegetable Sides Choice of Milk	19 Baked Potato Buffet Green Beans Peaches in Jell-O Choice of Milk	20 <u>COTA Day</u> <u>No Classes</u>
23 Spicy or BBQ Chicken Chunks Celery Sticks Applesauce Choice of Milk	24 Domino's Pizza Garden Salad Fresh Banana Choice of Milk	25 <u>Grab &amp; Go Lunch</u> Choice of Entree Choice of Fruit & Vegetable Sides Choice of Milk	26 Chicken Penne Glazed Carrots Pears Choice of Milk	27 <u>Grab &amp; Go Lunch</u> Choice of Entree Choice of Fruit & Vegetable Sides Choice of Milk
30 Turkey & Gravy Mashed Potatoes Green Beans Pineapple Tidbits Choice of Milk	31 Domino's Pizza Garden Salad Sidekicks Slush Cup Choice of Milk			

### What makes a Lunch...

Lunch consists of:  
1-Main Entree, 2-sides & choice of Milk.

Students must select at least 3 of the 5 food groups. Student must select at least ½ cup of a fruit or vegetable, to purchase meal as a lunch.

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\*Menus are subject to change\*

**USDA is an equal opportunity provider and employer.**