



DELAWARE AREA CAREER CENTER

October 2017-North Campus

Meal Prices: Breakfast Lunch
 Student \$2.00 \$3.00
 Adult Lunch \$2.50 \$3.50
 Students must select at least 3 of the 5 food groups. Student must select at least ½ cup of a fruit or vegetable, to purchase meal as a lunch.

Breakfast, Coffee, & Smoothies

7:30am-8:00am

***All Breakfast Meals come with Fruit, Juice, & choice of Milk.**

Monday: Mini Pancakes & Sausage Links

Tuesday: Biscuits & Sausage Gravy

Wednesday: Build your own Oatmeal

Thursday: Sausage Pancake Sticks

Friday: Breakfast Pizza

Grab-N-Go Entrées

Available Everyday:

Pop-Tarts, Cereal, Granola Bars, Cereal Bars, Bagels, and Doughnuts.

✓ Freshly made salads & wraps to order. [Available in Salad Line!](#)

✓ Assorted fresh fruit & vegetables.

✓ Fruit & Yogurt Parfaits & Fruit Smoothies.

✓ Milk Choices: Low Fat 1% White, Fat Free Chocolate Milk, or Fat Free Strawberry Milk

Monday

Tuesday

Wednesday

Thursday

Friday

2 Beef Coney Dogs Baked Beans Fresh Banana Choice of Milk	3 Soft Tacos Fiesta Blend Fruit Cocktail Choice of Milk	4 Bosco Sticks w/Marinara Side Salad Pineapple Tidbits Choice of Milk	5 Macaroni and Cheese Steamed Broccoli Berry Crisp Choice of Milk	6 Buffalo Chicken or Ham & Cheese Rippers Carrots w/Ranch Dip Apple Slices Choice of Milk
9 Rotini w/Meat Sauce Corn Fresh Apple Slices Choice of Milk	10 Ham & Cheddar Melt Peas & Carrots Peaches in Jell-O Choice of Milk	11 Cheese or Pepperoni Pizza Side Salad Fresh Grapes Choice of Milk	12 Mashed Potato Bowl Green Beans Applesauce Choice of Milk	13 Grilled Cheese Tomato Soup Diced Pears Choice of Milk
16 Chicken & Noodles Corn Pineapple Chunks Choice of Milk	17 Chicken Fajitas Refried Beans Fresh Grapes Choice of Milk	18 Bosco Sticks w/Marinara Side Salad Orange Slices Choice of Milk	19 Baked Potato Buffet Green Beans Peaches in Jell-O Choice of Milk	20 COTA Day (No Classes)
23 Spicy or BBQ Chicken Chunks Celery Sticks Applesauce Choice of Milk	24 Soft Tacos Refried Beans with Cheese Fresh Banana Choice of Milk	25 Pizza Rippers Side Salad Fresh Grapes Choice of Milk	26 Chicken Penne Glazed Carrots Pears Choice of Milk	27 Ham & Cheddar Melt Sweet Potato Fries Peaches in Jell-O Choice of Milk
30 Turkey & Gravy Mashed Potatoes Green Beans Pineapple Tidbits Choice of Milk	31 Nacho Bowl Fiesta Blend Sidekicks Slush Cup Choice of Milk			

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Menus are subject to change

USDA is an equal opportunity provider and employer.